**Route to Recovery**

**CORE PRACTICES**

- Walk your facility to assess the site.
- Identify and prioritize tasks.
- Design a timeline for returning fields to safe play - you know your fields the best!
- Communicate your field recovery timeline with your stakeholders.

The longer you have been away, the more time it will take to return fields to safe play.

**Primary Cultural Practices**

- **Mowing height**
  Follow the 1/3 rule to return to desired height of cut. Mowing frequency will probably increase, and it may take a few weeks to achieve appropriate height.

**Secondary Cultural Practices**

- **Field repair**
  Seed or sod worn or problem (low) areas.

- **Plant Growth Regulators**
  Apply as needed to reduce vertical growth and encourage lateral growth.

**Fine-Tuning Tasks**

- **Aesthetic mowing**

- **Other practices**
  Edging, level valve boxes, attention to auxiliary areas, etc.

**Irrigation**

- Fields may need more irrigation during this stressful recovery period.

**Fertilization**

- Follow soil test recommendations. Use controlled release nitrogen sources if possible.

**Weed, Insect, and Disease Management**

- Consider pest population tolerances. Make changes to control populations based on your Integrated Pest Management (IPM) program and time away from the field.

**Cultivation**

- Use caution adding stress to an already stressed turfgrass field. Pull cores if the field is ready and you have time for recovery prior to play.